Emilia's Wings

"There is no footprint so small that it does not leave an imprint on this world."

Website

www.emilias-wings.org

Our website offers a range of materials designed to support you on your journey through grief and healing. You'll find a variety of resources, including eBooks, lists of supporting organizations, recommended reading, music selections, and more.

Be sure to visit our BLOOM page to learn about our monthly Pregnancy & Infant Loss support group meetings.

Facebook

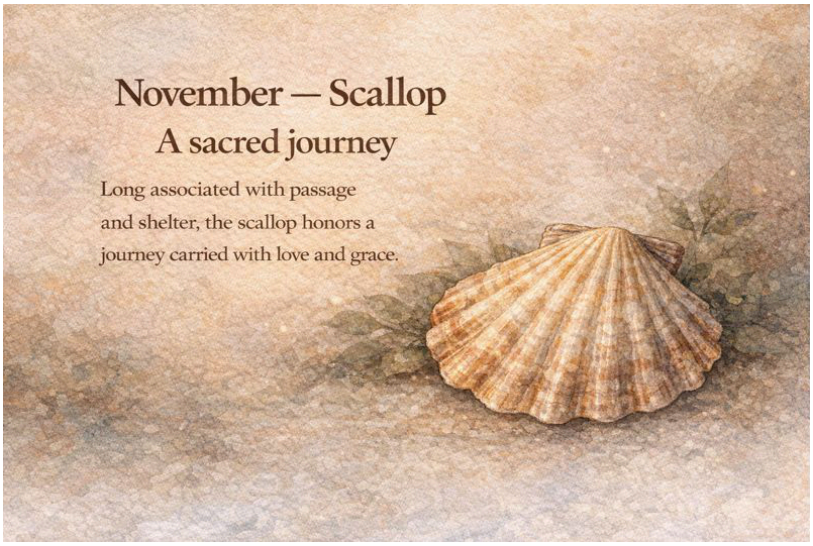
facebook.com/EmiliasWings/

Stay up to date on our projects, special events, and programs by following us on Facebook!

Contact Us

info@emilias-wings.org

You don't have to walk this path alone. Together, we can get through it. Please feel free to reach out to us by email anytime.



November 2026 Newsletter

We welcome you to Emilia's Wings. To those who are newly bereaved, we understand the depth of your devastation and want you to know that you are not alone. We have walked through the darkest valleys of grief ourselves, and we are here to offer unconditional love, support, and understanding. We hope this newsletter provides comfort, guidance, and helpful resources as you navigate your journey through grief. If you know someone who might benefit from our support, please share our website - www.emilias-wings.org and invite them to join our BLOOM monthly meetings.

October in Review

October was a big month - full of wonderful celebration, reflection, and remembrance!

We kicked off Pregnancy & Infant Loss Awareness Month with a backyard bonfire, complete with handcrafted luminaries in memory of our babies. This year's bonfire looked a little different

DATES & EVENTS

BLOOM

November 5th @ 7:00 - 8:30 pm

Kansas City Northland Support Group - Meetings are held every first Thursday of each month.

North Kansas City Public Library
2251 Howell St.
North Kansas City, MO 64116

OTHER

Donations

-Donations can be sent & made payable to Emilia's Wings at: 10637 N. Holmes St, Kansas City, MO 64155 OR sent via Venmo.

Charmel Clough

@Charmel-Clough

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to previous years Thank you all for joining us; I hope the evening felt special. It was a beautiful way to begin PAIL Month! Click on the photo below to view more images from our bonfire.

On Sunday, October 5th, members gathered at E.H. Young Riverfront Park in Riverside, MO for our Annual Walk to Remember. This year's theme was *seashells and ocean waves.* Thank you for choosing to join us and for allowing us the honor of celebrating your babies this October. I hope the event was meaningful to each of you. Click on the photo below to view more images from our Walk to Remember.

🐚🌊 "As the seashell holds the song of the ocean....

So will I hold you." 🐚🌊

Looking Toward November

Our next BLOOM meeting is Thursday, November 5th from 7:00-8:30pm. We hope you will join us! Keep Melody and Cameron Akeson in your thoughts as their due date is quickly approaching. Know we are thinking of you guys these last few days before the arrival of Theodore's little sibling!

November: Bereaved Siblings Month

This month, we take time to honor and acknowledge the siblings who grieve the loss of a brother or sister gone too soon. Whether their sibling was lost during pregnancy, infancy, or childhood, these children often carry a quiet kind of grief - one that can be overlooked or hard to express.

Bereaved Siblings Month is a reminder that their love and loss matter too. It's a time to recognize their unique bond, the questions they may carry, and the ways they continue to hold their sibling close in their hearts.

Even siblings born after loss often feel a deep connection to the brother or sister they never had the chance to meet. Their bond may form through stories, photos, or family traditions that honor the baby's memory, creating a lasting sense of love and belonging.

If you have surviving children, consider gentle ways to include them in remembrance - lighting a candle together, creating art, sharing stories, or choosing a special way to say their sibling's name. Small acts of acknowledgment can help them feel seen, supported, and connected in their own journey of love and remembrance.

SAVE THE DATE

Looking ahead, next month's meeting - our Annual Holiday Candlelight Ceremony - will take place on Thursday, December 3rd, from 7:00 to 8:15 p.m. Bring your household and join us for what I hope will be a meaningful evening. Please let me know by November 15th if you plan to attend so I can prepare accordingly. We'll enjoy desserts and appetizers, potluck-style, so please plan to bring a dish to share with the group.

Stocking Christmas Card Collection

We hang our family stockings for the loved ones who celebrate

the holidays with us each year - but what about our babies who are no longer here? An empty stocking can be yet another painful reminder of the hole left behind in their absence.

It's hard to know how to include those we've lost in our holiday celebrations. Do you hang a stocking? Do you buy a gift - or does that only deepen the ache? Each of us has different needs and ways of coping with the empty stocking, the unopened gifts, or the heartbreaking reality that there are no presents under the tree with your baby's name on them.

This holiday season, we offer you an opportunity - a way to still give gifts, though different from the traditions you had dreamed of sharing with your baby over many Christmases to come. Join us in honoring the cherished memories of our little ones by bringing Christmas cards, letters, drawings, or other small tributes for each BLOOM baby to our next month's support group meeting - the December Holiday Candlelight Ceremony. These gifts will be given to each baby's family to place in their baby's stocking and opened on Christmas Eve or Christmas Day.

Your heartfelt contributions will honor all of our babies, surrounding this season with love, remembrance, and the warmth of our shared community. Whether it's a message of love, a favorite holiday thought, or a creative drawing, your words and creations will help celebrate their lives and the joy they brought.

If you would like to participate in this year's Christmas Card Collection, please reach out to Charmel to confirm your attendance at the December meeting. Once I have gathered the names of all the babies who will be participating, I will share the list of names with everyone taking part in this meaningful activity.

We extend our most sincere sympathy to those who have recently lost a child.

Please know that we are thinking of you and share in your hurt and sorrow

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This November we Remember...

Baby Pitts - November 1997
Baby Peterson - November 2004
Thea Elenor Gabriel - November 4, 2022
Christopher Todd - November 14, 2016
Isaiah - November 17, 2006
Baby Hall - November 19, 2001
Jack - November 19, 2014

Marian Kennedy - November 22, 2024
Lola Alley - November 23, 2015
Aric Michael - November 25, 2000
Luke Aaron - November 28, 1999
Melia - November 28, 2000
Gretchen Mary Kay Stribling - November 30, 2021

To add your baby's name to our remembrance list, please email us at info@emilias-wings.org. Please include your baby's name along with any significant dates you'd like us to honor.

Sunlight in the Curve of a Shell

Seashells catch the light, reflecting it softly even on cloudy days. They remind us that even in the midst of grief, there are moments where love and memory shine through. Like the sun glinting on the surface of the ocean, these small reflections offer comfort, guidance, and a quiet reminder that hope still exists.

Grief can feel endless, like waves stretching beyond the horizon, but within those waves are glimmers of light - memories that warm the heart, moments of connection, and love that endures. Just as shells carry the essence of the ocean within them, so too do we carry our babies' light and presence within us. Even when the world feels heavy, that light can guide us, reminding us that love transcends loss, and that hope can be found in the smallest, quietest places - like the shimmer of a shell in the sun or the gentle glow of a wave at dawn.

Reflection Questions

- In what small moments have I noticed "glimmers of light" or comfort in my grief, even if they were brief?
- What memories or connections with my child bring warmth to my heart when I think of them?
- How do I personally experience love or presence that feels like it still shines through, even in loss?
- When grief feels heavy, what helps me notice even the smallest sense of hope or steadiness?