

# Emilia's Wings

"There is no footprint so small that it does not leave an imprint on this world."

## Website

[www.emilias-wings.org](http://www.emilias-wings.org)

Our website offers a range of materials designed to support you on your journey through grief and healing. You'll find a variety of resources, including eBooks, lists of supporting organizations, recommended reading, music selections, and more.

Be sure to visit our BLOOM page to learn about our monthly Pregnancy & Infant Loss support group meetings.

## Facebook

[facebook.com/EmiliasWings/](https://facebook.com/EmiliasWings/)

Stay up to date on our projects, special events, and programs by following us on Facebook!

## Contact Us

[info@emilias-wings.org](mailto:info@emilias-wings.org)

You don't have to walk this path alone. Together, we can get through it. Please feel free to reach out to us by email anytime.

## October — Baby's Ear

### Forever heard

This shell symbolizes that our babies' lives, no matter how brief, were seen, known, and heard.



## October 2026 Newsletter

We welcome you to Emilia's Wings. To those who are newly bereaved, we understand the depth of your devastation and want you to know that you are not alone. We have walked through the darkest valleys of grief ourselves, and we are here to offer unconditional love, support, and understanding. We hope this newsletter provides comfort, guidance, and helpful resources as you navigate your journey through grief. If you know someone who might benefit from our support, please share our website - [www.emilias-wings.org](http://www.emilias-wings.org) and invite them to join our BLOOM monthly meetings.

### September in Review

Last month, BLOOM gathered for our September meeting. In preparation for Pregnancy & Infant Loss Awareness Month, every parent was given a paper bag to decorate and recreate into a luminary. These luminaries will be used at our October meeting to honor each of our babies.

## DATES & EVENTS

### BLOOM

October 1st @ 7:00 - 9:00 pm

Kansas City Northland Support Group - Meetings are held every first Thursday of each month.

This month we will meet at Facilitator, Charmel's House  
Please Email/Text for Address

### Walk to Remember

Sunday, October 4th @ 2:00 pm  
E.H. Young Riverfront Park

1001 Argosy Pkwy, Riverside, MO 64150

### Infant Loss Month

Several Events Across the KC metro are listed at the bottom of the "Looking Toward October" Section

## OTHER

### Donations

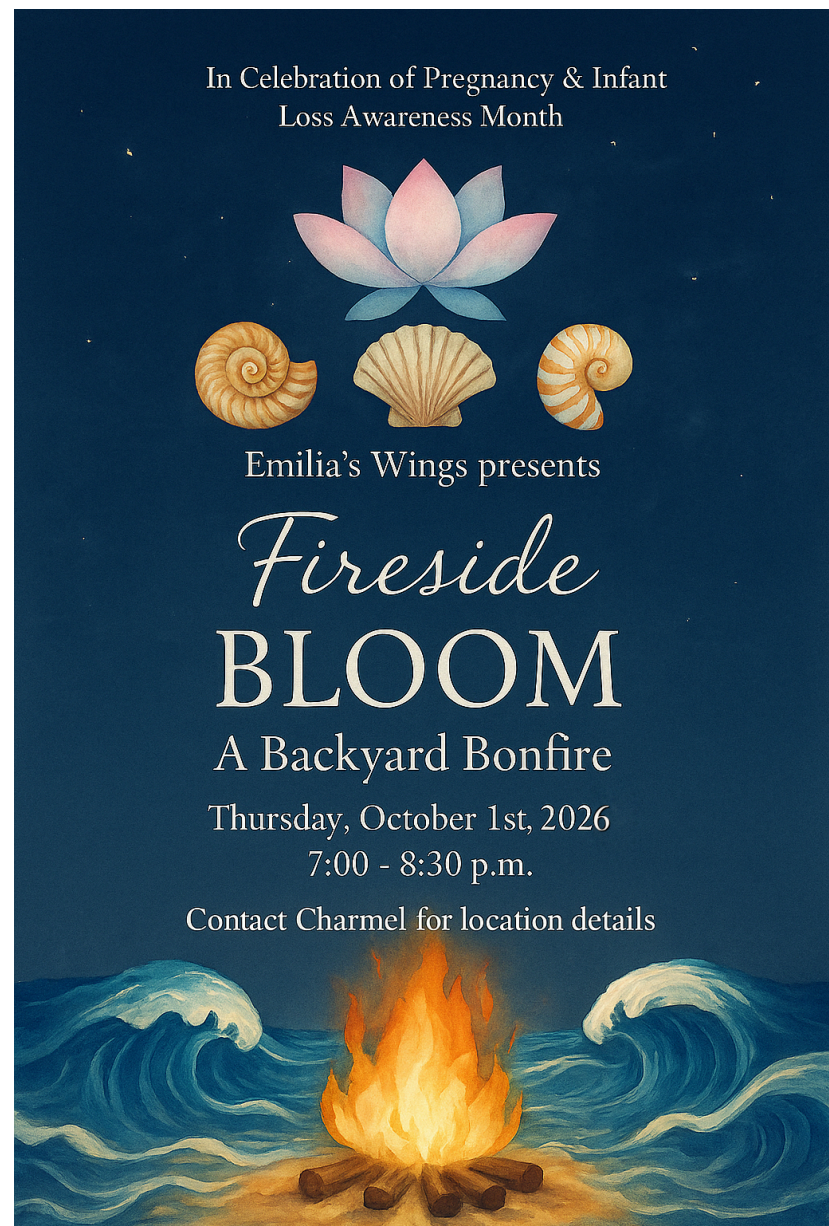
-Donations can be sent & made payable to Emilia's Wings at:  
10637 N. Holmes St, Kansas City, MO 64155 OR sent via Venmo.

Charmel Clough  
@Charmel-Clough

If you took your luminary home after the September gathering, please remember to bring it with you to this month's meeting. If you couldn't attend in September but plan to join us this month, no worries. I will have supplies available for you to quickly make your own.

### *Looking Toward October*

We have a big month ahead, and I am so excited to be honoring and celebrating our babies with each of you!



In celebration of Pregnancy & Infant Loss Awareness Month, we will be gathering at Charmel's house for a cozy backyard bonfire,

instead of meeting at the North Kansas City Public Library. The date and time remain the same - Thursday, October 1st, from 7:00 to 8:30 pm - just a different location. We will meet at Charmel's, rain or shine; if it rains, we'll move the gathering indoors.

Because this is hosted at a private residence, this meeting is closed to the public. If you have ever attended a past meeting and plan to attend, please reach out to Charmel to get the address. There is some outdoor seating available, but chairs are limited, so please bring a folding chair or anything else you might need for the evening.

As mentioned in the "September in Review" section, if you took your lantern home, please bring it with you to the October meeting. If you were unable to attend last month's meeting, I will have supplies available for you to quickly make your own.

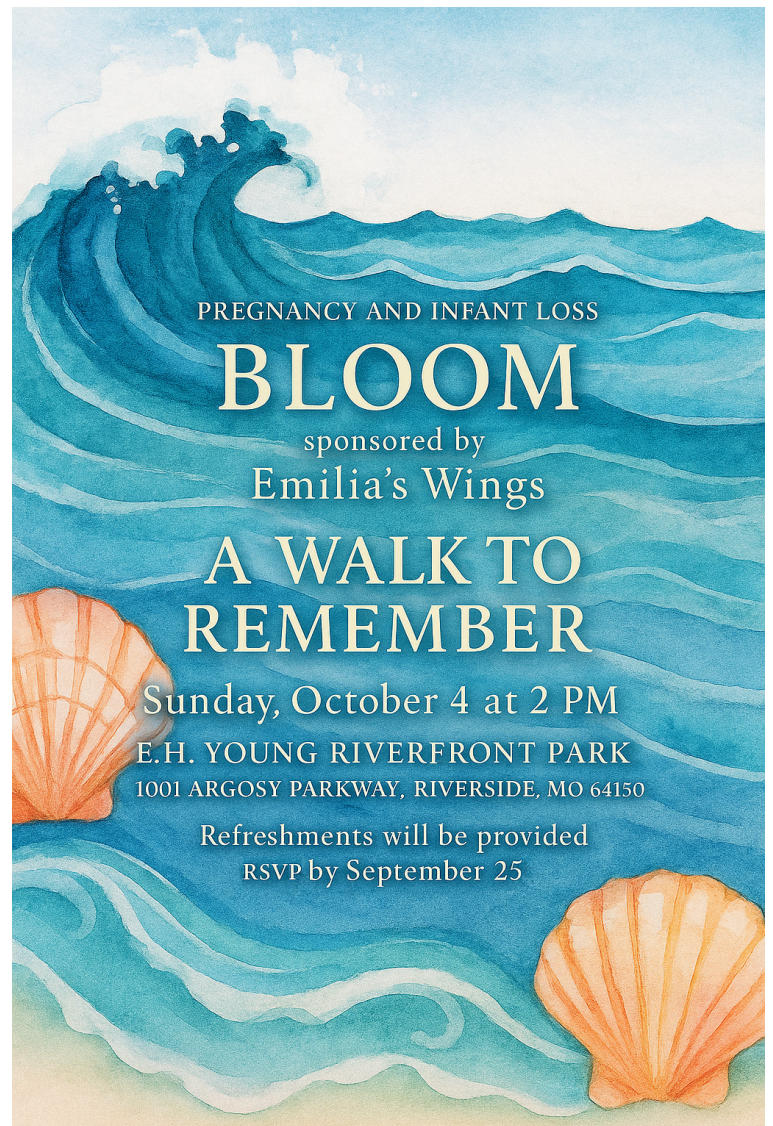
Our Walk to Remember will take place on **Sunday, October 4th** at 2:00 p.m. at **E.H. Young Riverfront Park (1001 NW Argosy Pkwy, Riverside, MO 64150)**

This is a casual, relaxed event with a walk-at-your-own-pace format. Feel free to bring your family along to help celebrate the day.

*A gentle reminder: because this is a multi-family event, guests of all ages - including infants, rainbow children, pregnant women - may be present. We recognize that seeing little ones or growing bellies can stir tender feelings, and we want you to feel prepared and supported however you show up.*

Unfortunately, the park's two large shelters are available on a first-come, first-served basis. While we'll do our best to secure one, I cannot guarantee availability. If the shelters aren't open, there are several small pergolas with picnic tables scattered around the park where we can gather. Either way, it should be easy to spot our group when you arrive. Look for the "sea of blue" shirts! 🥰

**Please arrive before 2:00 pm** so we can begin the walk together promptly at two o'clock.



## E.H. Young Riverfront Park

1001 NW Argosy Pkwy, Riverside, MO 64150



Cake and refreshments will be provided afterward.

I'm including a map of the park to help with driving and parking. Please refer to it if you have trouble navigating, as I'll be hard to reach by phone the day of the walk and won't be available to take calls or texts.

A HUGE thank you to everyone who purchased a shirt! T-shirt sales are our only fundraiser for special events (like the walk) and other activities throughout the year, and I really appreciate your support. Shirts will be available for pickup at our October meeting. If you can't make it then, feel free to pick yours up at the walk on the 4th or contact me (Charmel) to arrange a time to pick them up from my house.

### Other relevant events happening around the metro this month.

Click on each event's links for more info:

- ♦ **Sunday, October 11th - NKC Health Walk To Remember** - (requires a reservation) NKC Health invites you to attend their annual event hosted at 2pm by the Maternity Care Infant Loss and Bereavement Team. Follow signs to Autumn's Garden of Hope, near the east hospital drive. A reception to follow in Skyview. Please RSVP by Oct 2nd at [nkchealth.org/WalkToRemember](http://nkchealth.org/WalkToRemember).
- ♦ **Sunday, October 11th - Day of Remembrance** - (requires a reservation) This event starts at 3pm and takes place at AdventHealth Shawnee Mission ParCourse. Guests will receive a butterfly to release as we come together in remembrance, reflection, and support. Families, friends, and community members are welcome to join. Please RSVP by October 6 to Tricia Rausch at, 913-632-4223 or [tricia.rausch@adventhealth.com](mailto:tricia.rausch@adventhealth.com)

- ♦ **Thursday, October 15th** - Participate in the **International Wave of Light** by lighting a candle at 7 pm local time to honor all babies that have died too soon. Keep your candle lit for at least one hour to create a continuous “wave of light” across all time zones covering the entire globe! If you’d like to share with the virtual community, use the hashtag #waveoflight.

If you know of any other Pregnancy & Infant Loss-related events happening this month, please let me know - I’d love to share them with our group. Be sure to follow Emilia’s Wings on Facebook - where I regularly post about events around the metro, BLOOM-specific reminders, and other PAIL-related updates. It’s one of the easiest ways to stay connected with our group. For those who live in or near the Kansas City metro, we also have a BLOOM text message group where I send out reminders for upcoming meetings and events. If you would like to be added to our text message group, feel free to reach out to me (Charmel) and I will get you added.



*“At times our own light goes out and is rekindled by a spark from another person.*

*Each of us has cause to think with deep gratitude of those who have lighted the flame within us.*



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## 2026 Third Quarter Donations

Emilia’s Wings is a registered 501(c)(3) charitable nonprofit organization. We are deeply grateful for the generosity of those who have supported our work this quarter. These donations help fund and enrich our BLOOM program and allow us to continue supporting families navigating pregnancy and infant loss.

We would like to recognize the following contribution:

🍊 **Schier Products Charitable Foundation / Greater Kansas City Community Foundation**  
- Donation made at the request of employee, **Andy Carbajo**

🍊 **Courtney H.**

🍊 **2026 T-Shirt Sales**

*We extend our most sincere sympathy to those who have recently lost a child.*

Please know that we are thinking of you and share in your hurt and sorrow

## *This October we Remember...*

**Joy** - October 1985  
**Baby Bliss** - October 1995  
**Kevin Monagan** - October 1, 1985  
**Seth** - October 3, 2002  
**Wagner Moonie Bernard** - October 4, 2000  
**Baby Thurin #3** - October 5, 1985  
**Gabriel** - October 5, 2005  
**Adriel Michele** - October 6, 2014  
**Raymond Lawrence** - October 12, 2005  
**Ivy Allison** - October 12, 2008  
**Nova Ann Boatwright** - October 14, 2021  
**Sarah Christina** - October 15, 2002  
**Opal** - October 16, 2007  
**Josie Victoria** - October 16, 2020  
**Alexander** - October 17, 1993  
**Kale** - October 19, 2011  
**Baby Adams** - October 21, 1991  
**Baby Hill #2** - October 21, 2015  
**Lois Ruth** - October 22, 2003  
**Kelly** - October 24-25, 2000

*To add your baby's name to our remembrance list, please email us at [info@emilias-wings.org](mailto:info@emilias-wings.org).  
 Please include your baby's name along with any significant dates you'd like us to honor.*



## *Marked by the Waves, Shining in Light*

No two seashells are exactly alike. Some are smooth and pristine, while others are marked with cracks, ridges, and weathered edges. Each imperfection tells a story - of tides endured, storms survived, and journeys taken across the vast ocean. In grief, our hearts may feel similarly marked. Loss leaves its traces, shaping us in ways both visible and invisible.

Yet, just as the imperfections on a shell enhance its uniqueness and beauty, the marks left by grief reveal love that is enduring and profound. They remind us that our sorrow does not diminish our capacity for joy, for memory, or for connection. Each ridge and line becomes a testament to resilience, a symbol that even in

what feels broken, there is lasting beauty. Like a shell worn by the waves, our hearts carry the evidence of love's depth - shaped, weathered, and radiant in ways that can never be duplicated.

**Reflection Questions**

- ✦ In what ways has grief left "marks" on my heart, either visible or invisible, that tell part of my story?
- ✦ How have the changes in me since my loss also reflected the depth of my love?
- ✦ What parts of my grief journey feel like they have shaped me into someone more tender, aware, or resilient?
- ✦ When I think of my life as a seashell shaped by the waves, where do I see beauty in what has been changed or weathered?