

Emilia's Wings

"There is no footprint so small that it does not leave an imprint on this world."

Website

www.emilias-wings.org

Our website offers a range of materials designed to support you on your journey through grief and healing. You'll find a variety of resources, including eBooks, lists of supporting organizations, recommended reading, music selections, and more.

Be sure to visit our BLOOM page to learn about our monthly Pregnancy & Infant Loss support group meetings.

Facebook

facebook.com/EmiliasWings/

Stay up to date on our projects, special events, and programs by following us on Facebook!

Contact Us

info@emilias-wings.org

You don't have to walk this path alone. Together, we can get through it. Please feel free to reach out to us by email anytime.



"My sorrow is not a flaw to hide. It is gold in the cracks - a sign that something beloved once lived here."

November 2025 Newsletter

We welcome you to Emilia's Wings. To those who are newly bereaved, we understand the depth of your devastation and want you to know that you are not alone. We have walked through the darkest valleys of grief ourselves, and we are here to offer unconditional love, support, and understanding. We hope this newsletter provides comfort, guidance, and helpful resources as you navigate your journey through grief. If you know someone who might benefit from our support, please share our website - www.emilias-wings.org and invite them to join our BLOOM monthly meetings.

October in Review

October was a big month - full of wonderful celebration, reflection, and remembrance!

We kicked off Pregnancy & Infant Loss Awareness Month with a backyard bonfire, complete with handcrafted luminaries in memory of our babies. Thank you all for joining us; I hope the

DATES & EVENTS

BLOOM

November 6th @ 7:00 - 8:30 pm

Kansas City Northland Support Group - Meetings are held every first Thursday of each month.

North Kansas City Public Library
2251 Howell St.
North Kansas City, MO 64116

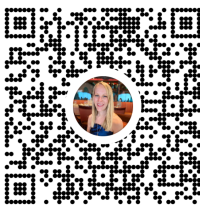
OTHER

Donations

-Donations can be sent & made payable to Emilia's Wings at:
10637 N. Holmes St, Kansas City,
MO 64155 OR sent via Venmo.



Charmel Clough
@Charmel-Clough



venmo

Scan this code to pay

evening felt special. It was a beautiful way to begin PAIL Month!




Photos from our October Bonfire. For more click [HERE](#).

On Sunday, October 5th, members gathered at E.H. Young Riverfront Park in Riverside, MO for our Annual Walk to Remember. This year's theme was *Kintsugi*, the Japanese art of mending broken things with gold. Thank you for choosing to join us and for allowing us the honor of celebrating your babies this October. I hope the event was meaningful to each of you. Click on the photo below to view more images from our Walk to Remember.



"They are not gone; they are the gold in my broken places.

The reason I shine at the seams." 

Looking Toward November

Our next BLOOM meeting is Thursday, November 6th from 7:00-8:30pm. We hope you will join us!

SAVE THE DATE

Looking ahead, next month's meeting - our Annual Holiday Candlelight Ceremony - will take place on Thursday, December 4th, from 7:00 to 8:15 p.m. Bring your household and join us for what I hope will be a meaningful evening. Please let me know by November 15th if you plan to attend so I can prepare accordingly. We'll enjoy desserts and appetizers, potluck-style, so please plan to bring a dish to share with the group.

Stocking Christmas Card Collection

We hang our family stockings for the loved ones who celebrate the holidays with us each year - but what about our babies who are no longer here? An empty stocking can be yet another painful reminder of the hole left behind in their absence.

It's hard to know how to include those we've lost in our holiday celebrations. Do you hang a stocking? Do you buy a gift - or does that only deepen the ache? Each of us has different needs and ways of coping with the empty stocking, the unopened gifts, or the heartbreaking reality that there are no presents under the tree with your baby's name on them.

This holiday season, we offer you an opportunity - a way to still give gifts, though different from the traditions you had dreamed of sharing with your baby over many Christmases to come. Join us in honoring the cherished memories of our little ones by bringing Christmas cards, letters, drawings, or other small tributes for each BLOOM baby to our next month's support group meeting - the December Holiday Candlelight Ceremony. These gifts will be given to each baby's family to place in their baby's stocking and opened on Christmas Eve or Christmas Day.

Your heartfelt contributions will honor all of our babies, surrounding this season with love, remembrance, and the warmth of our shared community. Whether it's a message of love, a favorite holiday thought, or a creative drawing, your words and creations will help celebrate their lives and the joy they brought.

If you would like to participate in this year's Christmas Card Collection, please reach out to Charmel to confirm your attendance at the December meeting. Once I have gathered the names of all the babies who will be participating, I will share the list of names with everyone taking part in this meaningful activity.

ADDITIONAL SUPPORT

I was recently contacted by a pastor from Resurrection, a United Methodist Church in Kansas City, who shared information about a support group they offer for those who have experienced a miscarriage. The group is not faith-based, and all are welcome, regardless of religious affiliation.

If you're interested in additional support, you can find more information here:

<https://resurrection.church/recurringevents/miscarriage-support-groups/>

We extend our most sincere sympathy to those who have recently lost a child.

Please know that we are thinking of you and share in your hurt and sorrow

This November we Remember...

Baby Pitts - November 1997
Baby Peterson - November 2004
Thea Elenor Gabriel - November 4, 2022
Christopher Todd - November 14, 2016
Isaiah - November 17, 2006
Baby Hall - November 19, 2001
Jack - November 19, 2014
Marian Kennedy - November 22, 2024
Lola Alley - November 23, 2015
Aric Michael - November 25, 2000
Luke Aaron - November 28, 1999
Melia - November 28, 2000
Gretchen Mary Kay Stribling - November 30, 2021

To add your baby's name to our remembrance list, please email us at info@emilias-wings.org.

Please include your baby's name along with any significant dates you'd like us to honor.



6 Things I Wish People Knew About Grieving The Loss Of A Child

By Malka Ahmed

Grieving the loss of a child is a grief that is unique. It is a loss that is still largely considered taboo.

When someone experiences the tragic loss of losing a child, there are very few societal norms that can guide family and friends when their loved one finds themselves in the path of an unfathomable loss.

I lost my daughter a year and a half ago, and I still consider my grief to be very new.

But it surprises me every time I meet up with a friend or see family and their reactions to my pain.

Here, I've compiled the six things I wish people understood about grieving the loss of a child:

1: Grief and Love are the same. Please don't think that because I am still grieving for my child even after all this time that there is something wrong with me, or that I need to get over it. I grieve deeply for the loss of my child because I also love her deeply. *Love never dies, therefore neither will grief.*

2: I will never get over it. I may look like I finally got my life back together, I may have even gone on to have more children or embarked on a new career, but my child and the trauma of losing her is always one step behind. My tears may have dried, and I can probably utter my child's name without breaking apart - But please know that I will never, ever get over the fact that she is gone.

3: Silence is deafening. I know it must be very difficult and confusing to know what to say to someone who has lost a child. I know how uncomfortable and unfathomable it must be to you, but please know that wrongly worded sentiments are easier to forgive than your silence. My world has forever been shattered, a simple "I'm sorry" will do.

4: My child is irreplaceable. It doesn't matter when my loss may have occurred, whether it was an early miscarriage, or if I had the chance to spend a few moments with my child before she died. Babies are not interchangeable and any subsequent child born after is not a replacement.

5: I'll always live in a parallel universe. No matter how much time has gone by, when an important holiday or occasion occurs, my mind is going to retreat into another universe where my child would have been present. I will calculate how old they would be and how they would look. This whole entire universe is something I hold on my own. So if you find me retreating inward during a significant day, please know that I am in that place that I share uniquely with my child and my imagination. It's just how things are always going to be.

6: I am forever changed. The day my child died is the same day a big part of me died too. I won't go back to being my usual innocent and carefree self again. It will take time for me to find myself, and return back home. But when I've figured out a way to put together all the broken pieces, I won't look the same. Please understand that.