

Emilia's Wings

"There is no footprint so small that it does not leave an imprint on this world."

Website

www.emilias-wings.org

Our website offers a range of materials designed to support you on your journey through grief and healing. You'll find a variety of resources, including eBooks, lists of supporting organizations, recommended reading, music selections, and more.

Be sure to visit our BLOOM page to learn about our monthly Pregnancy & Infant Loss support group meetings.

Facebook

facebook.com/EmiliasWings/

Stay up to date on our projects, special events, and programs by following us on Facebook!

Contact Us

info@emilias-wings.org

You don't have to walk this path alone. Together, we can get through it. Please feel free to reach out to us by email anytime.

"I am not
broken because
I grieve. I
grieve because
I loved. And
that love still
holds me
together."



September 2025 Newsletter

We welcome you to Emilia's Wings. To those who are newly bereaved, we understand the depth of your devastation and want you to know that you are not alone. We have walked through the darkest valleys of grief ourselves, and we are here to offer unconditional love, support, and understanding. We hope this newsletter provides comfort, guidance, and helpful resources as you navigate your journey through grief. If you know someone who might benefit from our support, please share our website - www.emilias-wings.org and invite them to join our BLOOM monthly meetings.

August in Review

BLOOM met last month at NKC Public Library for our monthly gathering.

Looking Toward September

Join us on September 4th at 7:00 pm for our September BLOOM

DATES & EVENTS

BLOOM

September 4th @ 7:00 - 8:30 pm

Kansas City Northland Support Group - Meetings are held every first Thursday of each month.

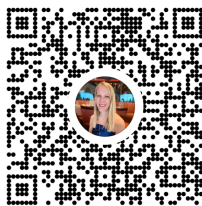
North Kansas City Public Library
2251 Howell St.
North Kansas City, MO 64116

OTHER

Donations

-Donations can be sent & made payable to Emilia's Wings at:
10637 N. Holmes St, Kansas City,
MO 64155 OR sent via Venmo.

Charmel Clough
@Charmel-Clough



venmo

Meeting. In preparation for Pregnancy and Infant Loss Month and for our October meeting, we will be completing a small craft. All supplies will be provided. We hope you will join us!

As a heads up, our October meeting will not be held at North Kansas City Public Library, but instead at Charmel's house. More details will be discussed at our September meeting and shared again in next month's newsletter.

"You cannot mourn unless you claim the story. Telling the story is a huge step in the healing, much more important than any of us realized."

-Elizabeth Devita-Raeburn

Author of "Empty Room: Surviving the Loss of a Brother or Sister at Any Age"

REMINDERS

Our Walk to Remember is coming up next month on Sunday, October 5th, at 2:00 p.m.

For more details about both the walk and t-shirts, please visit the following links:



Walk to Remember - <https://www.emilias-wings.org/walk/>

T-Shirts - <https://www.emilias-wings.org/t-shirt-order/>

****T-SHIRT ORDERS ARE DUE BY THURSDAY, SEPTEMBER 4TH! (OUR SEPT MEETING DATE)**

To be included in the final order, your payment must be received in full by September 4th.**

We extend our most sincere sympathy to those who have recently lost a child.

Please know that we are thinking of you and share in your hurt and sorrow

This September we Remember...

Baby Waldschmidt - September 1991
Alex - September 1997
Baby Rose - September 2004
Baby Gordon - September 2005
William - September 2023
Tatum - September 2023
Aspen - September 2023
Emily - September 2, 1992
Nicholas William - September 7, 2000
Baby Hill #4 - September 8, 2017
Baby Hill #5 - September 8, 2017
Madeline Marie - September 12, 2003
Baby Adams - September 14, 1994
Stephen Carroll - September 14, 1994
Samantha - September 15, 1992
Kyle Phillip Bowen - September 16, 1992
Abigail - September 21, 2001
Nyla Nicole Acevedo - September 22, 2004
Ella Marie - September 24, 2013
Albert Olen - September 26, 2003
Jacob Ryan - September 27, 1999
Baby Latham - September 28, 2019
Kira - September 30, 2012

*To add your baby's name to our remembrance list, please email us at info@emilias-wings.org.
Please include your baby's name along with any significant dates you'd like us to honor.*



Why Did I Say It Was Okay? - by Henderson Lafond

I know you know the conversation. It could be with a stranger or someone you have known for years.

The subject of kids comes up. They ask if you are a mom or how many kids you have. They ask how you are doing, how you are feeling, how you are coping.

You share your truth. That may be just a few details or it may be your whole story.

And they try to find the words to say that will help and show their sympathy and their love and give you just a bit of comfort.

And you can feel their discomfort and in your effort to help them (and yourself) to not feel the awkwardness, you utter two words that make up the biggest lie of all.

"It's okay."

As soon as they leave your mouth, the weight of them hurts your heart. You had the very best of intentions. After all, you were trying to make them feel less uncomfortable. But with every fiber of your being, you want to scream NO! It's NOT okay - nothing about this is remotely close to being okay!

Like so many things along this path of living after the loss of a child, the words are just not adequate. There are not words that describe how you are. It is not up to us to fill that awkward silence with sentiments to make the person who asked feel better about our loss. We can be honest about where we are without diminishing the loss we feel. Don't feel like you have to be dishonest.

Saying things like "Thank you," "I miss her," "It's been hard," or "I love you for asking," feel much more authentic and help the person who hears your story understand you and the loss mom they may encounter next just a little bit better.

Because we all know it's not okay.