Emilias Wings

"There is no footprint so small that it does not leave an imprint on this world."

Website

www.emilias-wings.org

Our website offers a range of materials designed to support you on your journey through grief and healing. You'll find a variety of resources, including eBooks, lists of supporting organizations, recommended reading, music selections, and more.

Be sure to visit our BLOOM page to learn about our monthly Pregnancy & Infant Loss support group meetings.

Facebook

facebook.com/EmiliasWings/

Stay up to date on our projects, special events, and programs by following us on Facebook!

Contact Us

info@emilias-wings.org

You don't have to walk this path alone. Together, we can get through it. Please feel free to reach out to us by email anytime.



June 2025 Newsletter

We welcome you to Emilia's Wings. To those who are newly bereaved, we understand the depth of your devastation and want you to know that you are not alone. We have walked through the darkest valleys of grief ourselves, and we are here to offer unconditional love, support, and understanding. We hope this newsletter provides comfort, guidance, and helpful resources as you navigate your journey through grief. If you know someone who might benefit from our support, please share our website — www.emilias-wings.org and invite them to join our BLOOM monthly meetings.

May in Review

母の日 (haha no hi): "Mother's Day."

Last month, our members gathered for our annual Mother's Day Tea! In keeping with our Kintsugi theme, our evening included several different Japanese desserts. We enjoyed mochi donuts,

DATES & EVENTS

BLOOM

June 5th @ 7:00 pm - 8:30 pm

Kansas City Northland Support Group - Meetings are held every first Thursday of each month.

North Kansas City Public Library 2251 Howell St. North Kansas City, MO 64116

Father's Day

June 15th

OTHER

Donations

-Donations can be sent & made payable to Emilia's Wings at: 10637 N. Holmes St, Kansas City, MO 64155 OR sent via Venmo.

Charmel Clough

@Charmel-Clough



venmo

mochi (Japanese rice cakes), petit melo candies, and of course—tea! My favorite part of every Mother's Day Tea is bringing an item that's special to my baby, sharing it with the group, and listening as others share their cherished items too. We spent the evening looking at baby photos and books, life-size baby pillow, dried and pressed flowers, Christmas ornaments, paintings, Molly bears, and exchanging stories and memories of our babies. Christie, so generously gifted every family with a beautiful orchid arrangement. Thank you, Christie! Thank you all for spending your evening with us and for sharing the precious items that mean so much to you. I hope each of you had a gentle Mother's Day and felt your children's presence in a comforting way.



Click on the image above to view more

Looking Toward June

Please join us this Thursday, June 5th from 7:00 to 8:30 pm at NKC Public Library for our BLOOM Monthly Support Group.

The Forgotten Father

by Tam

You won't see his tears.

It's not that they aren't there, but for whatever reason in your earnestness to check on her, you forgot about him.

Nobody whispers about him.

Their focus and their conversation remain firmly on her.

How will she cope?

Does she cry at night?

How can she exist?

Stoic and determined, he will continue on.

He will take phone calls, help with arrangements.

People will request that he pass on their best wishes to her.

He will thank them for their kindness, their thoughts, and their prayers.

He opens the door to deliveries. They bring bouquets of flowers. Teddy bears.

They know what they are delivering.

He knows what they are delivering.

There will be only silence...

Read the full article bere.

ALL DADS ARE STRONG. BUT, A GRIEVING DAD IS THE STRONGEST OF ALL.

We extend our most sincere sympathy to those who have recently lost a child.

Please know that we are thinking of you and share in your hurt and sorrow

This June we Remember...

Baby Waldschmidt - June 1987 **Baby Council** - June 2002 Baby Hilke - June 2003 Baby Jacob - June 2007 **Baby Hill #1** - June 2015 Allen Mullenix - June 1, 1993 **Mason** - June 1, 2016 Baby Green - June 3, 1994 Seth Asher - June 3, 2012 Berg Twins - June 5, 2008 **Baby Day** - June 6, 1995 Amber Marie - June 7, 1999 Lambert Twins - June 7, 2021 Madison Michael - June 8, 2003 Isaac Anthony - June 8, 2012 **Katie** - June 9, 1998 Baby Amato - June 10, 1993 Samantha Burke - June 12, 2007 Joseph Beckett - June 13, 2022 Christina Ann - June 17, 2003 **Marley Mae** - June 18, 2024 **Edith** - June 21, 1989 Whitney - June 21, 1993 Baby Hernandez - June 22, 1997 Jack Steven - June 22, 2013 Carson Mikail - June 23, 2003 Mallone Laine - June 24, 2008 Lilyanah Elyse - June 25, 2012 **Mia Iris** - June 26, 2003 Caden Adair - June 30, 2008

To add your baby's name to our remembrance list, please email us at info@emilias-wings.org. Please include your baby's name along with any significant dates you'd like us to honor.



This is for the bereaved dads.

As we approach Father's Day, I want to point out something I've realized that I think might go unnoticed by most of society: **Bereaved dads are brave dads. The bravest dads.**

We talk a lot about what bereaved moms go through and how fierce they are as mothers. But the dads undoubtedly deserve more recognition than they get.

The bereaved dads I know are truly incredible. They help the bereaved moms pick up the pieces of a life ravaged by grief, while simultaneously grieving themselves.

They put on strong faces as they tell loved ones the news their partner may not be able to get off her lips.

They go before her, preparing the way for her to cautiously re-enter social environments, setting expectations and cautioning others of what she can and cannot handle.

They break down and get vulnerable with her when she needs to know she's not the only one grieving.

They give her space to grieve harder because it was her body that carried this child.

Bereaved dads generally have to return to work sooner. They become masters of compartmentalization so they can competently do their jobs during the day and do the work of grieving when it feels safe to go there.

They field endless questions of "how is your wife/partner doing?" for months after the loss, and answer them graciously despite the nagging voice in their heads saying "what about me?"

If we moms feel the pressure to "get over it," the dads feel it a hundredfold.

Bereaved dads are brave dads. They talk about their son or daughter as a member of their family, even in a society that would rather pretend infant loss doesn't exist.

They tattoo his name on their bodies, or they plant a tree in her honor.

They run races and make charitable donations in their child's name. They plan funerals, they visit gravesites, they put away the baby items spread throughout the house.

They close the door on the nursery, filled with all the gear they wrestled to assemble in the preceding days. Oh that "some assembly required" was the hardest part of their fatherhood.

Bereaved dads are brave dads.

These brave dads boldly jump into subsequent attempts to conceive and if they are so blessed, subsequent pregnancies, despite the fear of losing another and the fear of how their partner will cope.

They deliver the news that's hard to hear - news of friends' new pregnancies and healthy babies, when they feel like it may never happen for them.

They come up with caring ways to respond to "why us" all the hundreds of times it's asked.

They tell the grieving moms and grieving grandparents: 'it will be okay, we will find a way forward', even when they are not sure they believe it themselves.

Bereaved dads are brave dads, and we should celebrate that bravery every day, and especially this Father's Day.

Is there a bereaved dad in your life? I invite you to remind him often that he is the bravest, the best, kind of dad.

The bravest, best kind of dad we wish he never had to be.