

Emilia's Wings

"There is no footprint so small that it does not leave an imprint on this world."

Website

www.emilias-wings.org

Our website includes different materials which we hope will provide support on your journey through grief and healing. We offer a variety of resources including eBooks, list of supporting organizations, reading material, music selections, and more.

Be sure to check out our Forget-Me-Not page, an online memorial dedicated to the children that live on in our hearts.

Facebook

facebook.com/EmiliasWings/

Stay up-to-date on projects, special events, and programs by liking us on Facebook!

Contact Us

info@emilias-wings.org

You need not walk alone. Together we can make it! Feel free to reach out by email.



March 2025 Newsletter

We welcome you all to Emilia's Wings. To all who are newly bereaved, we know how devastated you are. You are not alone in your grief. We have been in the depths of despair and we are here to help you with unconditional love and understanding. We hope this newsletter will help you while you navigate grief and provide additional resources on your journey. If you know someone who would find our resources helpful, please direct them to our website at www.emilias-wings.org and to our BLOOM monthly meetings.

February in Review

Kintsugi is a centuries-old Japanese art form that involves repairing broken pottery by joining the shattered pieces with lacquer and precious metals. The cracks are highlighted with gold, making the repaired object more unique and valuable than the original.

The Japanese believe that when something has suffered damage

DATES & EVENTS

BLOOM

March 6th @ 7:00 pm - 8:30 pm

Kansas City Northland Support Group - Meetings are held every first Thursday of each month.

North Kansas City Public Library
2251 Howell St.
North Kansas City, MO 64116

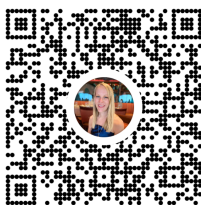
OTHER

Donations

-Donations can be sent & made payable to Emilia's Wings at:
10637 N. Holmes St, Kansas City,
MO 64155 OR sent via Venmo.



Charmel Clough
@Charmel-Clough



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and has a history, it becomes more beautiful. It shows that “scars” are not something to be hidden with shame, but are to be displayed with pride.

Kintsugi: We are stronger and more beautiful in the broken places.

Last month at BLOOM, each of us created our own Kintsugi piece: taking turns breaking our pottery, mending it back together, and highlighting the cracks with gold paint.

Each piece of pottery is a reminder of our journey through loss and grief. Kintsugi teaches us that even when something is broken beyond repair, it can still be transformed into something beautiful. The loss of a child leaves an irreplaceable void, but it also leaves us with a profound depth of love and a new way of seeing the world. We are Kintsugi.

Click on the image to the right to view all of the beautiful BLOOM Kintsugi pieces.



Looking Toward March

Join us on March 6th at NKC Public Library from 7:00-8:30 pm for BLOOM's March Gathering!

“March is Pregnancy After Loss Awareness Month. And because becoming pregnant again after losing a baby is complicated, it can be hard to understand, specifically if you haven't experienced loss yourself. In an effort to bring awareness to an often misunderstood experience, here are 10 things unique to pregnancy after loss that you might not realize...” Click the link posted below to read more.

[Here Are 10 Things You Might Not Realize About PAL](#)

- Another Great Resource: [Pregnancy After Loss Support](#)

Nonprofit Capstone Project

This past month, a student attending Rockhurst University reached out to Emilia's Wings hoping to partner with us for her Communications Capstone project.

"Hi, my name is Emily Deister and I am a junior at Rockhurst University, I am studying Strategic Communications and minoring in marketing. I currently work for KidsZone which is the before and after school program for Liberty Public Schools.

For our capstone project, I wanted to partner with your non profit because of your mission and drive to help families in need. I think it's such a beautiful mission and honestly there are not many non profits like this in Kansas City. I think your non profit lines up with my capstone project, because we were tasked to choose a non profit that we felt truly did their part in society and asked the question "how can we make a difference?" And I truly believe your small but mighty non profit does just that.

The information that I gather from interviews would be used to document how I think your organization utilizes communication theories that I have learned about, and see if I can offer any new communication theories that could be implemented."

I will be meeting in person with Emily for an in-person interview to help her with her capstone project and see this as a great opportunity to shed light on Pregnancy and Infant Loss. Emily has also expressed interest in interviewing others who have attended our BLOOM support group meetings, if they are open to being interviewed. Interviews do not have to be in person, unless you would prefer that option. To contact Emily, she can be reached by text or email at: **(816) 813-7964** or **emdeist@gmail.com**.

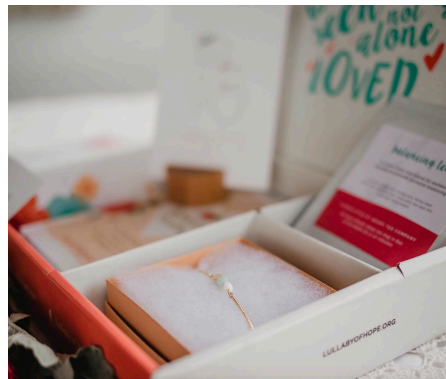
Lullaby of Hope Community Volunteer Opportunity

Unveiling Hope: A Packing Party with a Purpose



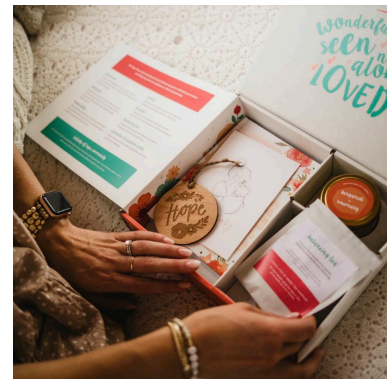
Lullaby of Hope Headquarters

Independence, MO 64055



Tentatively planned for Saturday April 5th

<https://lullabyofhope.org/>



In the quiet corners of grief, there exists a poignant camaraderie among those who have endured loss. For many women, the journey through miscarriage, stillbirth, or loss in the womb can be isolating and immensely painful. Yet, amidst this pain, there is a glimmer of light—a community known as Lullaby of Hope, dedicated to weaving threads of comfort and support through thoughtful gestures.

Lend your hands and hearts to assemble these precious gift boxes, each a testament to the power of community and compassion. Together, we can turn moments of sorrow into opportunities for healing and hope. Together, we can transform a packing party into an ultimate act of love and solidarity.

The agenda is simple yet powerful: assemble hundreds of Wonderfully Made Gift Boxes, each tailored with love and empathy. These boxes are more than mere packages; they are tokens of solidarity, carefully crafted to speak volumes of compassion to women traversing the depths of loss.

A small group of BLOOM members came together for a day of giving back to the loss community last September. It was such a wonderful experience for these ladies, that we want to do it again! Please join us in giving back to a cause that is near to each of us. Not only will we be giving back to our own bereaved community, we will all get the opportunity to deepen our relationships together outside our normal meeting hours.

Please reach out to Samantha Gabriel with any questions or if you plan to attend that afternoon. Our group plans are to meet for lunch at a nearby restaurant. We are in the early stages of planning. Lunch may happen before or after heading over to Lullaby of Hope to pack the boxes. We will communicate more information once we have a better idea of what our plans are. We would love to have as many people who are able to join us for this fun community give back event!

We extend our most sincere sympathy to those who have recently lost a child.

Please know that we are thinking of you and share in your hurt and sorrow

This March we Remember...

Baby Crisman - March 1993
Christopher - March 2000
Ephraim - March 2011
Baby Hill - March 2016
Teresa - March 3, 1998
Abigail Trinity - March 3, 2004
Nicholas - March 6, 1990
Emma Marie - March 6, 2015
Antoinette - March 9, 1993
Emma Jolynn - March 12, 2001
Emilia Madeleine Rose Clough - March 15, 2017
Ignatius John Kennedy - March 19, 2024
Nicole - March 23, 1988
"Bean" Baby Fuller #2 - March 23, 2024
Katelyn Ilana - March 24, 1997
Reed Hartley - March 25, 2001
Joshua Michael - March 26, 2001
Habin - March 28, 2013
Brodie - March 30, 2008
Baby Link - March 31, 2015

To have your baby's name added to our remembrance list, please fill out the Forget-Me-Not submission form on our website. This form can be found on our [Forget-Me-Not page](#).



A Bereaved Parent's Battle Cry by Anna Nalepka

This is a bereaved parent's battle cry.

I'm tired... tired of having to hide how I am truly feeling from the rest of the world. Tired of having to put on a fake smile every time I go to work or a social event, so people around me will think I'm doing better. Tired of wanting to post something about MY CHILD - yet I don't because people are "tired of seeing that."

So I hide. I hide and post in one of my bereaved parent groups because that is the only place "I feel safe enough to show my real feelings and won't be judged."

Why the hell should I have to hide my feelings about my child?! Do others have to hide their feelings about their children? Do other parents have to watch "how many times" they post about their son or their daughter's soccer games or recitals or first steps or proms or births - or anything that they rejoice in?

No - you know why? Because other people will rejoice with them! They are not looking for pats on the back because they are that child's parent. They are proud of their children. PERIOD!

So why... WHY IS IT DIFFERENT FOR BEREAVED PARENTS?

We don't have future proms... or recitals... or births... or first steps. We have memories. That.is.it!

We post about our children because... we are proud of them just like any other parent.

We want people to support our memories with the same encouragement with which they used to support our accomplishments and milestones when our children still lived!

Say our child's name! Share a memory to our page of that child! Rejoice with us!

And on those hard days when we post that we miss our child, and we say we can't go on, whether it is two months or 10 years later - please understand, we are not looking for a pat on the back or sympathy. We want you to remember that child with us!

Please... Memories are all we have left...