

"There is no footprint so small that it does not leave an imprint on this world."

## Website

#### www.emilias-wings.org

Our website includes different materials which we hope will provide support on your journey through grief and healing. We offer a variety of resources including eBooks, list of supporting organizations, reading material, music selections, and more.

Be sure to check out our Forget-Me-Not page, an online memorial dedicated to the children that live on in our hearts.

#### Facebook

#### facebook.com/EmiliasWings/

Stay up-to-date on projects, special events, and programs by liking us on Facebook!

#### **Contact Us**

#### info@emilias-wings.org

You need not walk alone. Together we can make it! Feel free to reach out by email.



## May 2024 Newsletter

We welcome you all to Emilia's Wings. To all who are newly bereaved, we know how devastated you are. You are not alone in your grief. We have been in the depths of despair and we are here to help you with unconditional love and understanding. We hope this newsletter will help you while you navigate grief and provide additional resources on your journey. If you know someone who would find our resources helpful, please direct them to our website at <a href="https://www.emilias-wings.org">www.emilias-wings.org</a> and to our <a href="https://www.emilias-wings.org">BLOOM</a> monthly meetings.

## April in Review

BLOOM met last month at North Kansas City Public Library for our April Gathering.

## Looking Toward May

After experiencing the loss of a child, Mother's Day can bring with it a sense of feeling misunderstood or unseen. Let us come together to celebrate motherhood - to say our babies names out loud at our Annual Mother's Day Tea.

We will have complimentary tea and dessert for everyone to

## **DATES & EVENTS**

## **KC Hope**

May 2nd @ 7:00 pm - 8:30 pm MOTHER'S DAY TEA

Kansas City Northland Support Group - Meetings are held every first Wednesday of each month.

North Kansas City Public Library 2251 Howell St. North Kansas City, MO 64116

# **Bereaved Mother's Day**

May 7th

A day for moms who have lost their children. An opportunity to share or talk about what we have endured. Women grieving for children are mothers too – even if our babies are no longer with us.

## **Mother's Day**

May 14th

### **OTHER**

#### **Donations**

-Donations can be sent & made payable to Emilia's Wings at: 10637 N. Holmes St Kansas City, MO 64155 enjoy. \*\*\*\*If you wish, feel free to bring an item that is special and symbolic to your baby\*\*\*\* this could be photos, reading out loud a poem, a baby book, Molly Bear, playing a significant song, etc... bring whatever is special to you. We will take turns sharing our items among the group, while sharing special stories about our babies. Come as you are.

Mother's Day Tea can feel discouraging as everyone is sharing their cherished items, and some may feel like they have nothing in comparison to bring. Please know there is no item that is too small or insignificant to share. Choose anything that is symbolic of your baby or your journey through grief.



(The Day After) Mother's Day by Lori Ennis

"...the truth is that for many, Mother's Day is just one big mess of emotions—both happy and sad.

I think what gets me more, though... is the day after. Because Mother's Day itself? I usually am prepared for. (Or so I tell myself.)

...The day after is still filled with happy Facebook and Twitter posts I tried somewhat to stay away from the day before, and yet—something still screams at me.

It's not Mother's Day anymore, but...it still stings like it is.

And that's the thing...

It still stings."

Read the full article here.

## Special Notes

A Please keep Micaiah Beckett in your thoughts this month as her due date is quickly approaching. What a special time for you and your family. Wishing you a safe and joyous delivery!

## We extend our most sincere sympathy to those who have recently lost a child.

Please know that we are thinking of you and share in your hurt and sorrow

## This May we Remember...

Baby Thurin #1 - May 3, 1984

Jesse - May 7, 2021

Baby Gunn - May 11, 2015

Juniper Wren - May 12, 2021

Charlie Michael Allen Brown - May 12, 2022

Abbey Kathleen Gordon - May 14, 1981

Dominic Alexander Rivera - May 14, 2013

Baby Rush - May 22, 2020

Hallie Mae Dreier - May 25, 2020

Baby Thurin #4 - May 26, 1990

(A.J.) Anthony James George - May 26, 1994

Weller Baby #1 - May 27, 2006

To have your baby's name added to our remembrance list, please fill out the Forget-Me-Not submission form on our website. This form can be found on our <u>Forget-Me-Not</u> page.



The Bereaved Mother - She has experienced the unimaginable 4 yet she is still able to walk

#### This Also Is Motherhood - Author Unknown

We all carry with us cherished images of motherhood,

Perfect babies and smiling mothers

Universal madonnas, mothers mild.

Our anesthetized world of mother technology

And controlled emotion has promised safe, happy childbirth.

And somehow we have come to believe,

But in those same antiseptic hospitals where healthy babies

Sleep row on row in sweet smelling flannelettes,

There is another side of motherhood

About which no one speaks.

The baby born with half a heart,
Or lungs not made for breathing.
The baby who comes too soon,
Too small to live outside the womb
And the baby delivered in silence
With no explanation for its stillbirth.

We have no portraits of these mothers in our minds.

Sorrow and heartbreak are not part of our

Mythology of Motherhood.

The young woman sitting with empty arms,

Eyes brimmed with tears I not our picture of a mother.

Yet in her grief is the pieta's anguish.

She is a mother too.

This also is motherhood.