

# Emilia's Wings

"There is no footprint so small that it does not leave an imprint on this world."

## Website

[www.emilias-wings.org](http://www.emilias-wings.org)

Our website includes different materials which we hope will provide support on your journey through grief and healing. We offer a variety of resources including eBooks, list of supporting organizations, reading material, music selections, and more.

Be sure to check out our Forget-Me-Not page, an online memorial dedicated to the children that live on in our hearts.

## Facebook

[facebook.com/EmiliasWings/](https://facebook.com/EmiliasWings/)

Stay up-to-date on projects, special events, and programs by liking us on Facebook!

## Contact Us

[info@emilias-wings.org](mailto:info@emilias-wings.org)

You need not walk alone. Together we can make it! Feel free to reach out by email.



## October 2023 Newsletter

We welcome you all to Emilia's Wings. To all who are newly bereaved, we know how devastated you are. You are not alone in your grief. We have been in the depths of despair and we are here to help you with unconditional love and understanding. We hope this newsletter will help you while you navigate grief and provide additional resources on your journey. If you know someone who would find our resources helpful, please direct them to our website at [www.emilias-wings.org](http://www.emilias-wings.org) and to our [KC HOPE](#) monthly meetings.

### *September in Review*

Last month KC HOPE met for our September gathering. In preparation for Pregnancy & Infant Loss Month, every mother decorated a paper bag, recreating it into a luminary in memory of their babies. Members were also given an opportunity to write personal letters to each of their babies. Do you have something you wish you could have told your baby, but you never got the chance? Or maybe you're looking for another way to reconnect with your baby on a deeper level. Sitting down and writing a

## DATES & EVENTS

### KC HOPE

October 4th @ 7:00 pm - 9:00 pm

Kansas City Northland Support Group - Meetings are held every first Wednesday of each month.

This month we will meet at Facilitator, Charmel's House  
Please Email/Text for Address

### Walk to Remember

October 8th @ 2:00 pm - Unity Village

### Union Station Lighting

October 15th @ 7pm

### Infant Loss Month

Several Events Across the KC metro are listed at the bottom of the "Looking Toward October" Section

## OTHER

### Donations

-Donations can be sent & made payable to Emilia's Wings at:  
10637 N. Holmes St  
Kansas City, MO 64155

letter to your baby may bring up an array of feelings and surface suppressed thoughts and questions you never knew you had.

The luminaries and letters will be used at our October meeting. If you needed to finish either luminary or letter and took them home after last month's meeting, don't forget to bring them with you to our October gathering. Both will play an intricate role at the meeting.

If you were unable to make it to our September meeting and you plan to come to our October gathering, no worries! I will have supplies available to quickly make a luminary and to write a letter to your baby. If you would prefer to bring a pre-written letter to our October meeting, that is okay too. Your letters can be as long or as brief as you wish. It could simply read "I really miss you." Writing a letter is optional, but I really hope you will all consider joining in this exercise.

### *Looking Toward October*

We have a big month ahead of us and I am so excited to be honoring and celebrating our babies with each of you!

I would like to invite everyone to our October meeting! In celebration of Pregnancy & Infant Loss Month, I wanted to do something a little special for this month's gathering. Instead of meeting at Good Shepherd, we will be meeting at Charmel's house for a backyard bonfire. Our meeting date and time will remain the same (Wed. Oct. 4th from 7-9pm), just a different location.

I think this gathering will be really special and I hope you all will consider joining us. Please reach out to Charmel to get my address and so I have an appropriate amount of supplies for everyone who plans to attend. I have some outdoor seating, but chairs are limited. You may want to bring a folding chair or anything else that you may need for the evening. If you did not give last month's luminaries and letters to Charmel, please bring them with you to the October meeting as well. See the above section "September in Review" for more details.

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Our Walk to Remember will take place on Sunday, October 8th at 2pm at Unity Village. In the newsletter email, you should have

also found a link to a map of the Unity Village campus. This map includes driving and parking instructions to help you locate our meeting point. We will meet at the labyrinth for a small ceremony, followed by a leisurely walk around the courtyard. I ask that you each try to arrive a tad early, as the ceremony on the labyrinth is being put on by Unity Village and will begin promptly at 2pm. Cake and refreshments will be provided. Just a gentle reminder that many family members will be joining us for this event, so guests of ALL ages (including infants, rainbow children, pregnant women, & other miscellaneous triggers) may be present. If you purchased a t-shirt, I will have them available for pickup at our October meeting. If you cannot make it to the October meeting, feel free to grab them at the walk on the 8th or arrange a time to pick up your shirts from Charmel at her house.

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Emilia's Wings partnered with William's Wishes to sponsor the Kansas City Union Station lighting up **Pink & Blue** for World Pregnancy & Infant Loss Awareness Day! Gather your loved ones on the evening of October 15th and head out to Union Station to see our iconic building lit up in honor and in memory of our babies. It truly will be a spectacular and memorable event! We plan to meet at 7pm in front of Union Station for a group photo. As this event takes place at the same time as the Wave of Light, we will have LED candles for families to take in memory of their babies on a first come first serve basis. Make sure to snap several selfies of you and your crew in front of this KC landmark. Let's honor our babies and remind our community that our children lived too!

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Other relevant events happening around the metro this month:

- ◆ **\*\*TODAY\*\*** Sunday, October 1 - North Kansas City Hospital Walk To Remember (requires a RSVP)
- ◆ Saturday, October 14 - Kyleigh's Gift 5k Walk/Run
- ◆ Sunday, October 15 - Participate in the International Wave of Light by lighting a candle at 7 pm local time to honor all babies that have died too soon. Keep your candle lit for at least one hour to create a continuous "wave of light" across all time zones covering the entire globe! If you'd like to share with the virtual community, use the hashtag #waveoflight.

If anyone knows of any other Pregnancy & Infant Loss related events happening this month, please let me know and I will share them with our group. Be sure to follow Emilia's Wings on Facebook, as I often post events happening around the metro, monthly forget-me-nots, event reminders for our monthly KC Hope meetings, and other PAIL miscellaneous. This is the easiest way to stay connected with our group.



*"At times our own light goes out and is rekindled by a spark from another person.*

*Each of us has cause to think with deep gratitude of those who have lighted the flame within us."*



*We extend our most sincere sympathy to those who have recently lost a child.*

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Please know that we are thinking of you and share in your hurt and sorrow

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### *This October we Remember...*

**Terra Shadow** - October 2, 2018  
**Baby Thurin #3** - October 5, 1985  
**Auggie Group** - October 5, 2021  
**Jason Lee Curtis** - October 9, 2020  
**Finn Micheal** - October 13, 2015  
**Nova Ann Boatwright** - October 14, 2021  
**Baby B** - October 15, 2020  
**Daniel Thomas Smith** - October 20, 2009  
**Baby Hill #1** - October 21, 2015  
**Baby Hill #2** - October 21, 2015  
**Baby Hill #3** - October 21, 2015  
**Baby Hill #4** - October 21, 2015  
**Baby Hill #5** - October 21, 2015  
**Mathew James Barto** - October 26, 1974  
**Michael John Barto** - October 26, 1974

*To have your baby's name added to our remembrance list, please fill out the [Forget-Me-Not submission form](#) on our website. This form can be found on our [Forget-Me-Not page](#).*

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### *Walk To Remember - Why do we walk?*

I walk to remember the steps you will never take. I carry you with me as I firmly plant my feet. Our trek started long ago before my belly swelled. You were a love that grew like butterfly wings that beat. Your gentle flutters then became kicks upon which I would dwell. And I would talk to you, sweet babe, about the world you soon would meet. The sun always shone upon us then - when you were in my womb. And I was eager to show you the world that would have been your home. How you would've loved the sun shining - blue skies without a cloud. The autumn leaves turning, the snow falling all around. The flowers in the summer - would have filled your eyes with smiles. And the rain that might have fallen would have caused you great surprise. You would have traveled far with me - holding me by the hand. And I'd have shown you all I could - more than I can imagine. You hold my heart tightly right now, as though we're holding hands. How far we've traveled little one - and my life with you has been sweet. For I carry you in my heart as I firmly plant my feet.