

Emilia's Wings

"There is no footprint so small that it does not leave an imprint on this world."

Website

www.emilias-wings.org

Our website includes different materials which we hope will provide support on your journey through grief and healing. We offer a variety of resources including eBooks, list of supporting organizations, reading material, music selections, and more.

Be sure to check out our Forget-Me-Not page, an online memorial dedicated to the children that live on in our hearts.

Facebook

facebook.com/EmiliasWings/

Stay up-to-date on projects, special events, and programs by liking us on Facebook!

Contact Us

info@emilias-wings.org

You need not walk alone. Together we can make it! Feel free to reach out by email.



August 2023 Newsletter

We welcome you all to Emilia's Wings. To all who are newly bereaved, we know how devastated you are. You are not alone in your grief. We have been in the depths of despair and we are here to help you with unconditional love and understanding. We hope this newsletter will help you while you navigate grief and provide additional resources on your journey. If you know someone who would find our resources helpful, please direct them to our website at www.emilias-wings.org and to our KC Hope monthly meetings.

July in Review

KC Hope met in early July for our monthly gathering. We discussed upcoming events, such as our Annual Walk To Remember, which will be held in the fall. Every October marks Pregnancy and Infant Loss Month. Each year we devote a portion of this month to honoring our babies in a special and meaningful way. Walking in memory of our babies is just one way

DATES & EVENTS

KC Hope

August 2nd @ 7:00 pm - 9:00 pm

Kansas City Northland Support Group - Meetings are held every first Wednesday of each month.

Good Shepherd Church
9555 N Oak Trafficway
Kansas City, MO 64155

Bereaved Father's Day

August 26th

OTHER

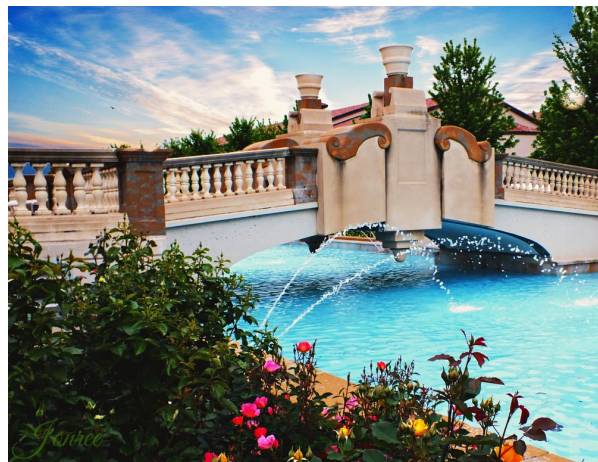
Donations

-Donations can be sent & made payable to Emilia's Wings at:
10637 N. Holmes St
Kansas City, MO 64155

to pay tribute to the tiny little feet that are forever imprinted on each of our hearts.

You all should have received an email a few weeks ago with information regarding this year's Walk to Remember. Our walk will take place on the afternoon of **Sunday, October 8th** at **Unity Village**. This event is open to the public. Feel free to invite close friends and family and remember that ALL AGES are welcome to attend.

Click on the Unity Village fountain photo to learn more about the event and to register for the walk.



T-shirts will also be available for purchase in conjunction with our walk. You will find an example of the shirt posted below. For more t-shirt ordering details, please click on the image of the t-shirt below.



Looking Toward August

Please join us for our August KC Hope Gathering on August 2, from 7-9pm at:

Good Shepherd Church
9555 N Oak Trafficway
Kansas City, MO 64155

We will be meeting downstairs in the lobby at the base of the stairs. The same area where we held our Mother's Day Tea.

We extend our most sincere sympathy to those who have recently lost a child.

Please know that we are thinking of you and share in your hurt and sorrow

This August we Remember...

Baby Clough #1 - August 1, 1986
Baby Clough #2 - August 1, 1986
Patience Lillian Conant - August 3, 2015
Oliver Monroe Rorke - August 5, 2019
Aiven Weston - August 6, 2019
Ethan Thomas - August 7, 2008
Eva - August 9, 2019
Daniel Edward Boenker - August 10, 1976
Amelia Kimberly Apel - August 11, 2022
Baby Curtis - August 13, 2012
Emilia Herrera - August 13, 2018
Elijah Mueller - August 19, 2014
Alexis Noelle Canaan - August 19, 2017
Baby Baldwin - August 20, 2013
Richard Amos Norman - August 24, 2017

To have your baby's name added to our remembrance list, please fill out the Forget-Me-Not submission form on our website. This form can be found on our [Forget-Me-Not page](#).



Hidden Emotion - Shirley Muller

Hidden deep inside my breast is a longing that has been suppressed. The feeling is always there - longing - longing - longing to see you, to hug you, to know who you are at this time in your existence. It stays hidden for a period of time and then - when I least expect it - it rises to the surface and must be tending to.

At times I feel as if I cannot breathe, as if I will suffocate trying to suppress the pain. At other times a tear comes from nowhere and trickles down my cheek. Occasionally, something inside of me explodes, causing me to weep uncontrollably.

I can only guess what causes these unbidden emotions. "Is it the song that's playing on the radio? Can it be the changing of the seasons? Do the budding trees beginning new life cause me to let down my guard?" The longing never goes away.

I feel like a tight rope walker never knowing if I will make a misstep, causing me to fall into the stream of emotional pain that forces me to cry out, as I long to see you again.

With the passing of years, I have learned that if I can hang on for just a little longer, these emotions - strong as they are - will pass and I can live again with the longing hidden deep inside my breast.