
HONORING

your
angel BABY

DANIEL CLOUGH
CHARMEL CLOUGH

Losing a baby is an excruciating, heartbreaking, and indescribable pain and loss. It is a pain that parents and other family members will undoubtedly carry in their hearts forever. No amount of time or distance can ever diminish the love that may separate a parent from their child and there are many beautiful ways a person can honor and memorialize their baby, so they may be reminded of them each and every day. There is no right or wrong way to honor your baby. Choose activities and items that feel special and symbolic to you.



Kitchen Art

Make Something Special

Do you find that you enjoy crafting and using your creative side to make things in memory of your child? Display your works of art throughout your home, reminding all who enter that your baby is still your child.

Cremains Globe

Was your child cremated? There are beautiful and unique ways to memorialize your baby using their cremains. Cremation ashes are turned into a work of art by suspending the cremains within a blown-glass orb. Every orb can be customized, using various styles and colors to better represent the baby you are honoring.



Emilia's Memorial Orb



Emilia Bear - weighs 4lbs 3 oz

Molly Bear

Molly Bears is a nonprofit that creates personalized teddy bears that weigh the exact same size of your baby that has died.

A perfect way to fill your arms as they ache to hold the baby you have lost. Molly Bears can be made for any family who has endured a loss from conception up to 12 months of age.

Memorial Candle

Have a candle made that you can light in memory of your child. Consider personalizing it with your baby's name, their footprints, special quotes, or with anything that feels symbolic to you. Remember to light your candle at 7 pm on October 15th each year. October 15th is nationally recognized as Pregnancy and Infant Loss Day. Thousands of parents across the world will create a wave of light in memory of the babies who continue to live on in their hearts.



Emilia's Candle

Jewelry

Design your own necklace with Origami Owl and personalize it in memory of your child. Consider adding your baby's birthstone, the first letter of their name, a pair of angel wings, or the pregnancy and infant loss ribbon charm. Was your baby cremated? Purchase an urn necklace and have your child's cremains placed into the necklace. Your child will be near your heart each and every day.



Emilia's Urn Necklace

Memorial Photography

Remind others that your baby is still apart of your family. Find creative and fun ways to incorporate your child in family photos. Hold a stuffed animal or a framed photo of your child. Have a silhouette of your child photoshopped into the photograph.



The Clough Family - Family of 5



We hid Emilia Rocks around town for other people to find

Memory Rocks

Paint and decorate rocks by incorporating your baby's name, birthday, and other special information on the rock. Once finished, you can hide your memory rocks around town for others to find. A fun and simple way to scatter your child's name across the world for others to find and see.

Balloon Release

Host a balloon release on your child's birthday or for 'just because' occasions. Invite as many or as few people as you wish. Do whatever makes the event special for you. Be sure to include a love note for your angel baby to find as your balloon drifts up past the clouds towards the Heavens.



Balloon Release for Emilia



Purple & Aquamarine are special colors for our family

Sentimental Colors

Do you have a sentimental color that represents and reminds you of your baby? Use this color when creating artwork or painting your nails. Pick a room in your house and paint it that color. Incorporate this color when personalizing different items that represent your child.

Shadow Boxes

Do you have special items that you would like displayed for others to see? Perhaps you have a small stuffed animal, clothes, or various items from the hospital that can be placed in a shadow box to be easily organized and displayed within your home.



Emilia's Angel Gown and what would have been her take home outfit and crocheted items

Special Space

Find a special place in your home. Whether it be a corner, a wall, or a hutch in your house. Decorate this special space with items or photos that remind you of your child. Make this dedicated space your own.



Emilia's Wall



Emilia's Baby Book - Made with Shutterfly

Memory/Baby Book

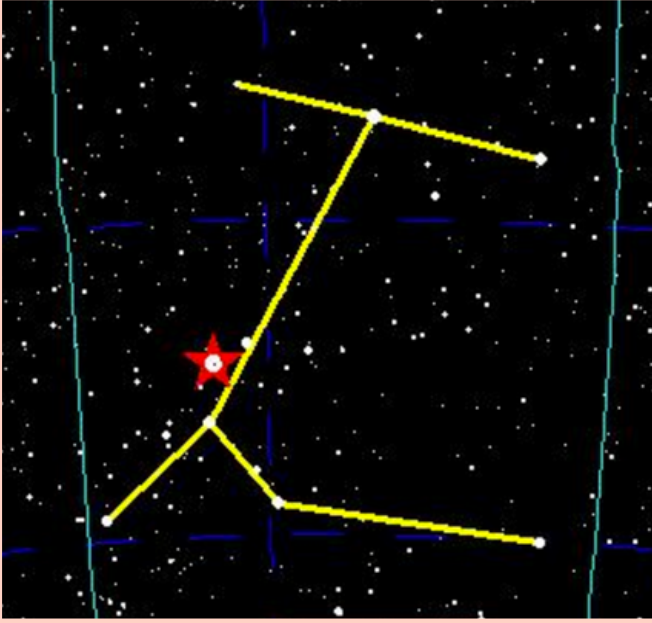
Do you love to scrapbook? Make a baby or memory book that includes special items or photos of your baby that can be stored, preserved, and looked at for several years to come. Other ideas include creating a Shutterfly Book that contains all the memories you have of your child.

Decorate Their Grave

Visiting your child's grave is a wonderful way to honor and remember your baby. Brighten up their grave by decorating it with special items. Find festive decorations for each holiday to place around their grave or flowers that can be changed out regularly. You don't have to spend a fortune to decorate. The Dollar Tree has wonderful and inexpensive decoration items that work perfect for decorating graves for holidays and special occasions.



Emilia's Christmas Tree Decoration



Emilia's Star

Buy A Star

Stars in our galaxy can be purchased and named after loves ones who have died. With the purchase of each star, you are given a special certificate which includes a map and star coordinates to help you find your baby's star in the night's sky.

Memorial Tree or Garden

Plant a tree or an array of flowers in a garden in memory of your baby. Having a plant that requires watering and nurturing can provide a great deal of comfort for families who have lost a child. As your tree and/or flowers grow, you will be reminded of the love you have for your child and how that love grows just as strong as the plant you have nurtured throughout the years.



Emilia's Flower Garden

Charitable Donation

Consider helping others and donating to a charity in memory of your baby. Choose a charity that is special to you. Give back to other families that are experiencing similar tragedies. Making a monetary donation is not always an option, but there are several other ways you can donate to help others.

Consider pumping breastmilk to be donated to NICU and formula intolerant babies through a milk bank. Or perhaps donate your time to a local church, to a family in need, or to a soup kitchen.



Handmade Bonnets ready to be Donated to a Hospital

Tattoo

Leave a permanent mark and create a work of art that can be turned into a special tattoo. Whether it be their name and special dates, a foot or handprint, or the pregnancy and infant loss ribbon. Your imagination is the limit. There are wonderful designs you can use to symbolize the love you share for your baby.



Tattoo Stock Photo

Christmas Ornament & Stocking



Emilia's Christmas Tree Ornament

Have an ornament for the Christmas Tree and a stocking hung specifically for your baby. Incorporate your child in all aspects of the holiday, just as you would if your child were still living. Consider doing the same for other holidays, such as an Easter basket on Easter day or their own jack-o-lantern for Halloween.

Cards

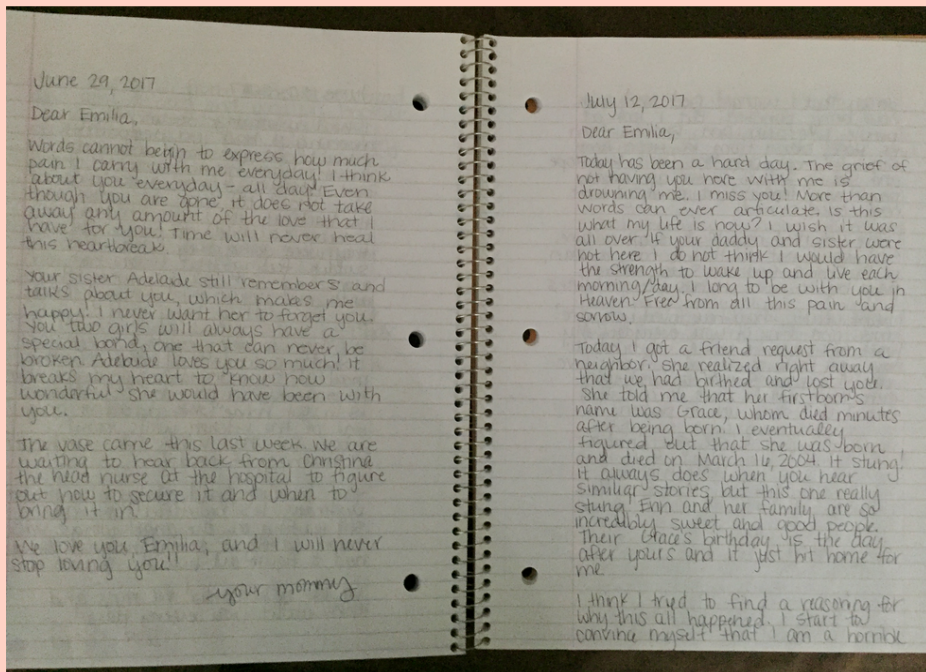
Include your child's name when signing Christmas cards. This is very much a personal preference, but you may find comfort in including your child's name along with the rest of your family. This subtle gesture will remind others that your baby is still a member of your family.



Emilia's Card Collection

Keep A Journal

It doesn't have to be fancy. It could be a store bought journal or an old notebook that's been lying on the shelf for years. If you had a pregnancy journal, you can continue to write down memories that you wish to share with your baby. Write down thoughts that you are feeling in the moment, both good and bad. Writing through your grief can help you mourn and release emotions you never knew you were feeling.



My Journal to Emilia
Just an old loose-leaf notebook

Celebrate Special Dates

Take time to recognize those special occasions that are associated with your baby. Whether it be a birthday, a death date, due date, or the day you learned your child no longer had a heartbeat. Do what feels best and most natural to you. You can bake a birthday cake to enjoy as you remember your child. Have a balloon release. Take a personal day from work. Cry and mourn, laugh and dance. Do whatever you need to do to survive this significant date where you are reminded of your baby.



Emilia's First Birthday Celebration



KC Hope Walk to Remember

Memorial Walk

Find a charity or event that hosts a memorial walk near you. Many Infant Loss charities will hold Remembrance Walks specifically for families who have lost a baby. Have t-shirts made so everyone knows the name of the special baby you are walking in memory of.

Act of Kindness

Complete an Act of Kindness in memory of your baby. This random act of kindness can be toward a friend, loved one, or even a complete stranger. It doesn't take much to spread kindness. It can be as small or as big as you wish to share. Include a card that explains that your kind gesture is in memory of your baby. Instruct them to pass their own Act of Kindness on to another person. Hopefully, creating a chain reaction of kindness and love being spread throughout the community to others.



An Act of Kindness
In Memory of Emilia